

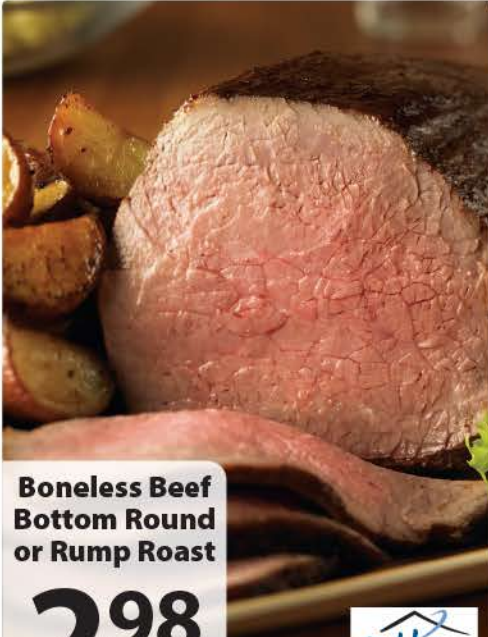
RIVERSIDE **SUBWAY**

509-292-2253



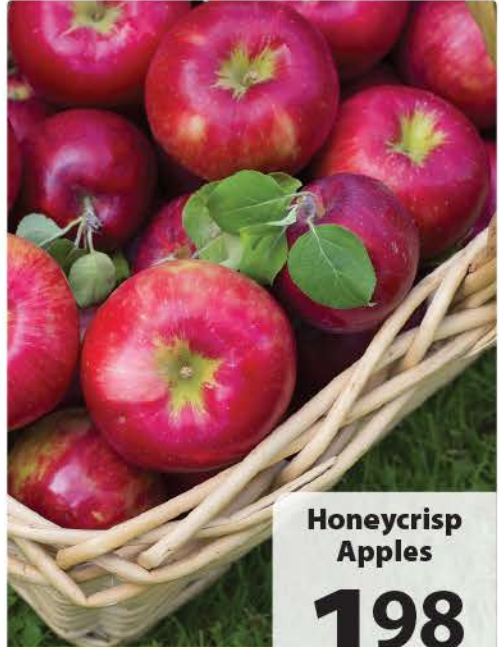
34710 N Newport Hwy • Chattaroy WA
6am-10pm • 7 Days Per Week
 We gladly accept EBT Quest cards and WIC checks.

AD DATES EFFECTIVE OCTOBER 17 THRU 23, 2018



**Boneless Beef
Bottom Round
or Rump Roast**

2⁹⁸
lb.

**Honeycrisp
Apples**

1⁹⁸
lb.



**On-The-Vine
Tomatoes**

98¢
lb.



**Bone-In
Assorted Pork Loin
Chops
Family Pack**

1⁹⁸
lb.

PRAIRIE FRESH

The Savings Continue!



**Progresso
Soup or
Chowder**
Selected Vtys.,
18.5 to 19-oz.

2/\$3



**Malt O Meal
Bagged
Cereal**
selected Vtys.,
33 to 42-oz.

4⁹⁸



**Silk
Dairy-Free
Milk**
Selected Vtys.,
64-oz.

2⁴⁸



**Nestlé
Hot or Lean
Pockets**
Selected Vtys.,
9-oz., Frozen

5/\$10



Our Family Serving Yours!



Grocery & Snacks

**Nabisco
Premium or
Snack Crackers**
Selected Vtys.,
6.5 to 16-oz.



2⁹⁸

**Betty Crocker
Frosting or
Cake Mix**
Selected Vtys.,
12 to 16-oz.



2/\$3

**Knorr Pasta
or Rice Side**
Selected Vtys.,
4 to 5.7-oz.



4/\$5



**Franz
Organic Bread**
Selected Vtys.,
18 to 20-oz. Loaf

348



**Langers Juice
or Juice Cocktail**
Selected Vtys.,
64-oz.

2/\$5

Langers
Unsweetened
Apple Sauce
33-oz.

2/\$5



**Lay's Kettle Cooked
or Doritos Chips**
Selected Vtys.,
8 to 11.25-oz.

2/\$5



**Nalley
Pickles**
Selected Vtys.,
46-oz.

348



**Nissin
Cup Noodles**
Selected Vtys.,
2.25-oz.

2/88¢



**Protein One or
Nature Valley
Bars or Bites**
Selected Vtys., 5 to 6-ct. or 5.3-oz.

2⁹⁸



**Orville Redenbacher's
Microwave Popcorn**
Selected Vtys.,
6-ct.

2⁶⁸



**Cake Mate
Sprinkles or Sugar**
Selected Vtys.,
1.75 to 2.25-oz.

4/\$5



**Airheads or Mentos
Candy or Mints**
Selected Vtys.,
1.32 to 2-oz.

78¢



**Powers
Trail Mix**
Selected Vtys.,
18 to 20-oz.

4⁹⁸

Dairy & Frozen

**Tillamook
Cheese**
Selected Vtys.,
7 to 8-oz.



2²⁸

**Tai Pei
Frozen Entrée
or Appetizer**
Selected Vtys.,
7.9 to 11-oz.



2/\$5

**Stouffer's or
Lean Cuisine
Frozen Entrée**
Selected Vtys.,
6 to 12.8-oz.



2/\$5



**Mountain High
Yoghurt**
Selected Vtys.,
3.2-oz.

2⁹⁸



**Marie Callender's
Fruit or Cream Pie**
Selected Vtys.,
24.5 to 42-oz., Frozen

6⁴⁸



**Marie Callender's
Pot Pie**
Selected Vtys.,
15-oz., Frozen

2⁹⁸



**Meadow Gold
Frozen Treats**
Selected Vtys.,
6-ct.

2/\$5

Household & General

**Sun Triple Clean
Laundry
Detergent**
Selected Vtys.,
45.4-oz.



1⁹⁸

Mr. Clean
Cleaning Products
Selected Vtys.,
2-ct. Pads or 32 to 40-oz.

278

**Maintain
Chunks
Dog Food**
34-lbs. Adult



13⁹⁸

**Aussie
Shampoo or
Conditioner**
Selected Vtys.,
13.5-oz.



2/\$7

U by Kotex
Feminine Protection
Selected Vtys.,
14 to 64-ct.

2/\$7



**Crest
Toothpaste**
Selected Vtys.,
6.4-oz.

2/\$5



**Purina Tidy Cats
Clumping Cat Litter**
Selected Vtys.,
20-lbs.

8⁹⁸



**Puffs
Facial Tissue**
Selected Vtys.,
124 to 180-ct.

2/\$4



**Helping Hand Electrical
or Household Supplies**
Selected Vtys.,
1-Package

**25%
OFF**



**Blistex
Lip Medex or Balm**
Selected Vtys.,
.15 to .25-oz.

98¢

Fresh Meats

**Boneless Beef
Stew
Meat**

4⁹⁸
lb.



**Boneless Beef
Top Sirloin
Steak**

4⁹⁸
lb.



**Foster Farms
Fryer Leg
Quarters**
Fresh & Natural
Value Pack

1³⁸
lb.



Value
Pack!



**Foster Farms
Fryer Thighs**
Simply Raised

2³⁸
lb.

**Hempler's
Smoked Bacon**
Selected Vtys.,
20-oz.

7⁵⁸
ea.



**Johnsonville
Smoked
Sausage**
Selected Vtys.,
12 to 14-oz.

2⁹⁸
ea.



**Smithfield
Boneless
Ham Steak**
Selected Vtys.,
8-oz.

2⁴⁸
ea.



**Cook's Bone-In
Spiral Sliced
Hickory
Smoked Ham**

2⁴⁸
lb.



**Oscar Mayer
Bologna or
Cotto Salami**
16-oz.

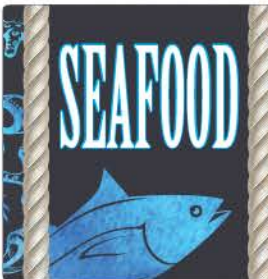


2⁴⁸
ea.



**Armour
LunchMakers**
Selected Vtys.,
9.54 to 11.2-oz.

1⁶⁸
ea.



**Cod Loin
Filletts**
6⁴⁹
lb.



**Salad
Shrimp**
7⁴⁹
lb.

Featured Recipe

Cowboy Beef Stew

Total Recipe Time: 2-1/4 hours to 3 hours • Makes 6 servings

- 2-1/2 pounds beef stew meat, cut into 1-inch pieces
- 1 package (12 to 14 ounces) dried bean soup mix with seasoning packet (not quick cooking)
- 2 cans (14-1/2 ounces each) diced tomatoes with green peppers and onion
- 2 tablespoons vegetable oil
- 1 can (14 to 14-1/2 ounces) beef broth
- 3 cups frozen diced or hash brown potatoes (optional)
- Salt and pepper

Soak beans in water overnight in refrigerator according to package directions. Reserve seasoning packet.

Coat beef with seasoning from reserved packet. Heat 1 tablespoon oil in large stockpot over medium heat until hot. Brown 1/3 of beef; remove from stockpot. Repeat twice with remaining oil and beef, adding additional oil as needed.

Pour off drippings; return beef to stockpot. Drain beans; discard water. Add beans, tomatoes and beef broth to stockpot. Bring to a boil. Reduce heat; cover tightly and simmer 1-3/4 to 2-1/4 hours, or until beef is fork tender.

Stir in potatoes, if desired, bring to a boil. Reduce heat; continue simmering, uncovered, 5 to 7 minutes or until potatoes are tender, stirring occasionally. Season with salt and pepper, as desired.

Recipe and photo © The Beef Checkoff.



Fresh Produce

Snow White Cauliflower

148
lb.



5-lb. Bag Potatoes

128
ea.

Jack-O-Lantern Pumpkins

25¢
lb.



Peeled Carrots

2-lb. Bag
198
ea.

Whole or Sliced Mushrooms

8-oz. Package
178
ea.



Yellow Onions

38¢
lb.

Fresh Express 3 Color Deli Cole Slaw

14-oz. Package
128
ea.



Fresh Express Salad Blend

Selected Vtys., 6 to 11-oz.
248
ea.

Fresh Deli & Bakery



Hormel Virginia Baked Ham

478
lb.



Cady Creek Farms Pepper Jack Cheese

498
lb.



J. Skinner Danish Coffee Cake

14-oz. Harvest Apple or Really Raspberry
378



Cinnamon Bread

16-oz. Loaf
278



Reser's Cheddar Macaroni Salad

278
lb.



Tyson Salt & Vinegar Chicken Wings

498
lb.



Old Fashioned Donut Holes

11-oz. Package
348



Angela Marie's Crispy Marshmallow Goodie

8-oz. Original
348

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