

Market Place

La Grande, OR

Mt. Joseph

Joseph, OR

Family Foods
Our Family Serving Yours



Open 7am to 9pm • 7 Days

1912 Fourth Street
La Grande, OR
(541) 962-7500

208 N Main
Joseph, OR
(541) 432-0740

AD DATES EFFECTIVE JUNE 21 THRU 27, 2017



**On-The-Vine
Tomatoes**
88¢
lb.



**Fresh
Boneless
Skinless
Chicken Breast**
Family Pack
Southern Grown
1.99
lb.

The Savings Continue!



5-lb. Bag
88¢
ea.



**Boneless
Pork
Sirloin Chops**
Family Pack
1.69
lb.



**Doritos or
Lay's Kettle
Cooked Chips**
Selected Vtys.,
7 to 10-oz. **2/\$4**



**Skippy
Peanut Butter**
Selected Vtys.,
15 to 16.3-oz. **2/\$4**



**Florida's
Natural
Orange Juice**
Selected Vtys.,
99-oz. **2/\$6**



**Western Family
Ice Cream**
Selected Vtys.,
128-oz, Frozen **4.99**



Our Family Serving Yours!

www.FamilyFoodsStores.com



Grocery & Snacks

Langers Juice or Juice Cocktail
Selected Vtys,
64-oz.

2/\$4



Nabisco Oreo Cookies
Selected Vtys,
12.2 to 15.35-oz.

2/\$6



Bear Creek Pasta Mix
Selected Vtys,
8.6 to 11.5-oz.

1.79



V8 Splash Flavored Juice Beverage
Selected Vtys,
64-oz.

2/\$4



Hunt's Manwich Sloppy Joe Sauce
15-oz. Original
or 15.5-oz. Thick & Chunky

99¢



Western Family Snack Crackers
15.1-oz. Original

2/\$5



6-Pack Gatorade Thirst Quenchers
Selected Vtys,
6/12-oz. Bottles

2/\$7



S&W Beans
Selected Vtys,
15 to 15.5-oz.

99¢



12-Pack Western Family Pop
Selected Vtys,
12/12-oz. Cans

3/\$9



Log Cabin Country Kitchen Syrup
36-oz. Original
Bonus Package

2.29



Maruchan Ramen Noodle Soup
Selected Vtys,
3-oz.

4/\$1



Hershey's Candy Bars
Selected Vtys,
1-Package

2/\$3



Red Vines Licorice
3.5-lbs. Red
or Black

9.99

Dairy & Frozen

Daisy Sour Cream or Cottage Cheese
Selected Vtys,
14 to 16-oz.

1.79



Gold 'n Soft Spread
15-oz. Original
or Light

1.19



Wild Mike's Ultimate Pizza
Selected Vtys,
36.3 to 38.8-oz.,
Frozen

4.99



Swiss Miss Pudding Snacks
Selected Vtys,
64-oz.

2/\$6



Dairgold Cheddar Cheese
24-oz. Medium White
or Sharp White

6.99



Birds Eye or C&W Vegetables
Selected Vtys,
10 to 16-oz., Frozen

2/\$4



Marie Callender's Pot Pie
Selected Vtys,
16-oz., Frozen

2/\$7



@ Ease Chicken Entrees
Selected Vtys,
18-oz., Frozen

4.99

Household & General

Western Family Paper Towels
1-Roll Decorator Prints
or Strong & Absorbent

89¢



Clorox Bleach
Selected Vtys,
116 to 121-oz.

3.99



Nature's Blend Dietary Supplement
Selected Vtys,
1-Package

50% OFF



Purina Cat Chow
Selected Vtys,
13 to 16-lbs.

15.99



Vita Bone Dog Biscuits
Selected Vtys,
24-oz.

2.69



Cortizone-10 Anti-Itch Creme
Selected Vtys,
1-oz.

4.99



Suave Anti-Perspirant/Deodorant
Selected Vtys,
2.6-oz.

1.99



Handi-Foil Aluminum Bakeware
Selected Vtys,
1 to 3-ct.

40% OFF

Fresh Meats

**Boneless
Beef
Cross Rib
Steak**

2⁹⁹
lb.



**Extra Lean
Country Style
Pork Ribs**

1⁹⁹
lb.

**Boneless
Beef
Country Style
Ribs**

3⁹⁹
lb.

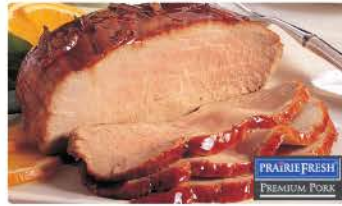


**Boneless
Beef
Flat Iron Steak**

5⁹⁹
lb.

**Fresh
Ground
Beef Chuck**

3⁹⁹
lb.



**Boneless
Pork
Sirloin Roast**

1⁹⁹
lb.

**John Morrell
Bacon
Selected Vtys.,
12-oz.**

3⁵⁹
ea.



**Prairie Fresh
Seasoned
Pork Loin
Selected Vtys.**

3²⁹
lb.



**Oscar Mayer
Meat Wieners or
Turkey Franks**

2/\$5

**Maple River
Boneless
Lean Ham**

2⁹⁹
lb.

**Foster Farms
Family Size
Sliced Turkey**

4⁹⁹
ea.

**Foster Farms
Corn Dogs**

6⁵⁹
ea.

Featured Recipe

Sweet Cherry Blondies

Servings: 16

Ingredients

1-1/3 cups each flour and packed light brown sugar
1 teaspoon baking powder
1/2 teaspoon salt
1/2 cup vegetable oil
2 eggs
1 teaspoon vanilla
1 cup pitted and halved Northwest fresh sweet cherries
1/2 cup chopped pecans

Directions: Combine flour, brown sugar, baking powder, salt, oil, eggs, and vanilla; mix on low speed of electric mixer until blended. Mix 1 minute on medium speed. Batter will be thick. Spread half of batter in oiled and floured 9-inch baking pan. Toss cherries in small amount of flour. Scatter cherries over batter; spread remaining batter over cherries. Sprinkle pecans over top. Bake at 325°F 30 to 35 minutes or until wooden pick inserted near center comes out clean. Cool on rack and cut into 16 pieces.

Recipe and photo © NWCherries.com



Freezing Northwest Sweet Cherries is as simple as 1-2-3.

RINSE



Rinse firm, ripe cherries in cold water; drain thoroughly.

PACK



Pack cherries in plastic freezer bags or freeze-proof containers. Remove excess air; fasten or cover tightly.

FREEZE



Freeze.



Not only do sweet cherries grown in the Northwest taste good, but they are good for you too!

- ✓ Filled With Antioxidants
- ✓ Fat-Free
- ✓ Great Source of Vitamin C
- ✓ High in Fiber
- ✓ Cholesterol and Sodium Free
- ✓ Low Glycemic Index of 22
- ✓ A Healthy Snack that Kids Love!
- ✓ 20 Cherries Provides 25mg of Anthocyanins

Nutrition Facts

Serving Size 5 oz. (140 g/
1 cup or about 21 cherries)

Amount/Serving	Calories 90	Fat Cal. 0
	% Daily Value	
Total Fat	0g	0%
Sat. Fat	0g	0%
Cholest.	0mg	0%
Sodium	0g	0%
Total Carb.	19g	6%
Dietary Fiber	3g	12%
Sugars	16g	
Protein	1g	
Potassium	270g	
Vitamin A	0%	Vitamin C 10%
		Iron 0%

*Percent Daily Values are based on a 1,000 calorie diet.

Fresh Produce



Fresh Apricots
2⁸⁹
lb.



Fresh Raspberries
12-oz. Package
5⁸⁹
ea.

12-oz. Package



Vidalia Sweet Onions
69¢
lb.



Sweet Red Cherries
New Crop! Northwest Grown
3⁹⁹
lb.

Northwest Cherries



Green Cabbage
69¢
lb.



Fresh Express Baby Blends
Selected Vtys., 5 to 7-oz.
2/\$5

Fresh Express 50/50 Mix



Organic Kale
Lacinato, Purple or Regular
1¹⁹
ea.



Cal-Organic Rainbow Baby Carrots
12-oz. Package Cut & Peeled
1⁷⁹
ea.

Fresh Deli & Bakery



Hormel Turkey Pastrami
5⁹⁹
lb.

Hormel



Sliced Creme Cake
Selected Vtys., 16-oz. Package
3²⁹

Lemon Creme Cake
Cranberry Butter Creme Cake
Chocolate Marble Creme Cake



Cady Creek Colby Cheese
4⁹⁹
lb.

Cady Creek Farms



Simplot Bent Arm Ale Sidewinder Potatoes
2⁴⁹
lb.

Simplot



English Muffin Bread
16-oz. Loaf
2/\$4

English Muffin Bread



2-Bite Coconut Macaroons
10.5-oz. Package
3⁴⁹

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